



# SINDHI HIGH SCHOOL, HEBBAL

(AFFILIATED TO CBSE, NEW DELHI)  
SPONSORS: SINDHI SEVA SAMITI



## NEWSLETTER

2025-26  
Edition-1



**Learning isn't a straight line ;  
it's a thrilling ride.**





अम्बितमे नदीतमे देवितमे सरस्वति।

अप्रशस्ता इव स्मसि प्रशस्तिमम्ब नस्कृधि॥





**Ms. Rachna Sharma**  
**Principal**

# From The Principal's Desk

Dear Parents, Students, and Well-wishers,

At Sindhi High School, we believe that education is about preparing children for life—not just for exams. This year has been a wonderful reminder of that, with our campus alive with colour, energy, and achievement in every direction.

Our **Art Day** turned the school into a burst of creativity, with students filling every corner with colour, imagination, and flair. The **Interschool Sports Fest** brought out determination, teamwork, and plenty of healthy competition. Throughout the year, a range of **cultural activities** gave our students the chance to perform, speak, sing, dance, and shine in their own unique ways.

It hasn't stopped there. We've had **parent orientations** that strengthened the school-home partnership, and **teachers' workshops** that kept our educators inspired and up-to-date. And for the very first time, we conducted **junior school elections**, putting a **Junior Student Council** in place—a proud step towards building leadership skills even in our youngest learners.

Amidst all this excitement, our students proved their academic excellence too, with a **cent percent result in the Board Examinations**. This balance of academics, sports, arts, and leadership is exactly what we aim for—helping children grow into confident, capable, and compassionate all-rounders.

As we move ahead, we will continue to create opportunities that challenge, inspire, and prepare our students for a future where they can stand tall, think boldly, and live with purpose.

Warm regards,

**Ms. Rachna Sharma**



# From the Editor's Desk

- by Ms. Jyothi Mathew

This magazine is presented as a reflection of a year in which learning was carried far beyond the confines of the classroom. From the vibrant splash of colours displayed on Art Day to the triumphant roar of victory celebrated at the Sports Fest, from the cultural stages enlivened with music and drama to the proud achievement of a 100% Board Examination result ; each page is seen to embody the indomitable spirit of Sindhi High School, Hebbal.

Throughout the year leadership, creativity, performance, and perseverance were demonstrated by our students. Whether through the inauguration of the first Junior Student Council, participation in interschool competitions or through countless acts of quiet kindness that often remain unnoticed.

Here, education is regarded not as the mere filling of minds with facts, but as the kindling of curiosity, courage, and purpose. It is hoped that, as these pages are turned, the same energy, pride, and optimism felt during their creation will be experienced by every reader.

**Ms. Rachna Sharma**

**Principal**

**Ms. Chitrlekha P**

**Vice-Principal**

**Ms. Mridula Tripathi**

**Vice-Principal**

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**Ms. Snigdha Roy**

**Ms. Girija D**

**Ms. Rosy Thomas**

**Mr. Karthik B R**

**Ms. Diviya K M**





# SINDHI HIGH SCHOOL, HEBBAL




“ Celebrating Academic Excellence ”

## AISSCE CLASS XII SCHOOL TOPPERS




### SCIENCE STREAM

97%




**JAGJITH BALACHANDHER**  
CHEMISTRY - 100  
MATHEMATICS - 99

96.8%



**TEJAS GOLASANGI**  
CHEMISTRY - 100  
BIOLOGY - 99  
PHYSICS - 96


93.8%



**PRATHAM RAJ URS P**


### COMMERCE STREAM

96.83%




**SHANTERI S KINI**  
BUSINESSSTUDIES - 98  
APPLIED MATHEMATICS - 98  
RETAIL - 98

95.33%



**ADARSH HITESH SHAH**

94.5%



**SAHIL KHURANA**  
ACCOUNTANCY - 97

### SUBJECT TOPPERS



**MITALI MANJURE**  
COMPUTER SCIENCE - 100  
ENGLISH - 99



**GAURI AGGARWAL**  
ENTREPRENEURSHIP 100



**DISHA SANTHOSH KHANDOJI**  
ECONOMICS - 99



**NIKITHA V HEBBAR**  
INFORMATICS PRACTICES - 96

## AISSCE CLASS X SCHOOL TOPPERS

## SUBJECT TOPPERS

97.83%



**SHARVANI SHEKHAR**  
SOCIAL SCIENCE - 100  
MATHEMATICS - 98  
HINDI - 96

97.66%



**SREYA MANEPALLI**  
SANSKRIT - 100  
AI - 100

97.17%



**HARSHIT H VARNEKAR**  
SCIENCE - 100



**ANISHA Y N**  
ENGLISH - 99



**MANYATHA RASHMI T S**  
KANNADA - 99



**PRATEET UMESH KALSHE TY**  
HINDI - 96



**LAVANYA D RAMADEVA**  
SANSKRIT - 100  
AI - 100  
SCIENCE - 99



**MILIT RASTOGI**  
SANSKRIT - 100  
AI - 100



**SOHAN S V**  
SANSKRIT - 100



**SRASHANA**  
SANSKRIT - 100



**ALISHA RAY**  
SANSKRIT - 100



**VIBHAV SHANKAR**  
SANSKRIT - 100



**PREETHAM S**  
MATHEMATICS - 98



**ZOHA TASNEEM**  
MATHEMATICS-98



**VIHAAN DEEPAK JAIN**  
MATHEMATICS BASIC - 89



**PARTHEV KUMAR**  
AI - 100  
SCIENCE - 99



**ANISH RANGANATH**  
AI - 100



**RUCHITHA M**  
AI - 100



**SHRITHAN S REDDY**  
AI - 100



**B CHETAN SAI**  
AI - 100



**LAKHIADITHI SANNALA**  
AI - 100



**SRIPRIYA SRIKANTH**  
AI - 100



**DEVDARSHAN N**  
AI - 100



**SHRESTH VATSYA**  
AI - 100



**DHEKKSHITHAB S**  
AI - 100



**DHATRI PAMARTHI**  
AI - 100



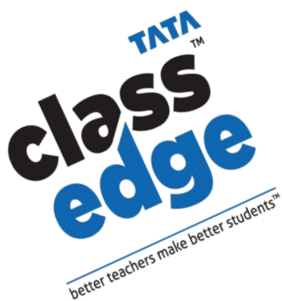
# Tata Class Edge Training Session

-by Ms. Snigdha Roy

On 23rd May 2025, a hands-on training session on the Tata Class Edge platform was conducted by Mr. Neil for the teaching staff. This session aimed to familiarize educators with the software's innovative features that enhance classroom instruction through digital tools.

Since its inception in 2011, Tata Class Edge has been offering e-learning solutions tailored to Indian schools. The platform provides a robust suite of resources to support teachers in creating an engaging and interactive learning environment. By integrating digital technologies and personalized learning approaches, teachers are better equipped to meet the needs of 21st-century learners.

The session proved to be an insightful step towards advancing digital teaching practices and improving the overall teaching-learning process.





# Recharging for the Year Ahead: Staff Wellness Program at Sindhi High School, Hebbal

-by Ms. Prema Bisht

To mark a refreshing start to the new academic year, Sindhi High School, Hebbal hosted a Staff Wellness Program on 19th May 2025, focused on rejuvenating the mind and body. The day featured engaging Yoga, Zumba, and Nutrition sessions conducted by Ms. Siya Dasija, Ms. Bhavna Dasija, and Ms. Simran Wadwa.



The initiative aimed to promote physical and mental well-being among teachers, boost morale, and foster a sense of community. Teachers deeply appreciated this thoughtful, non-academic beginning to the term, feeling more energized and emotionally balanced. This wellness-focused reopening underscored the school's commitment to supporting its educators and nurturing a healthier, more productive learning environment.





# Parent Orientation Programme – I to III

-by Ms. Geetha Raj

“Education is not preparation of life; education is life itself.” – John Dewey

The Parent Orientation Programme for Grades I to III for the academic year 2025–26 was held on 14th June 2025. It served as an insightful session, acquainting parents with the school’s vision, curriculum, and innovative teaching methodologies. Conducted in the respective classrooms, the session was led by class and associate teachers using interactive Senses Boards.

Key highlights included an overview of classroom practices, co-curricular engagements, assessment methods, and an introduction to new initiatives like the Wordsworth Language Lab and Mathematical Lab. The presentation also touched upon NEP guidelines and digital advancements such as Smart Panels, Think Edge, Logiqids Brain Training App, and School Cinema.

Parents were also introduced to Pupilpod, the school’s ERP system, ensuring seamless communication. The session concluded with a celebration of recent student and teacher achievements, notably the Guru Samman Award.

The programme was well-received, with parents expressing appreciation for the school's transparency, warmth, and commitment to holistic development.

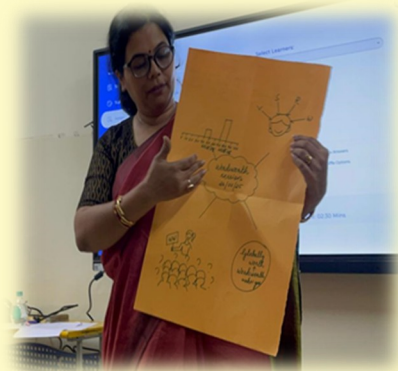




# Orientation Programme on the Wordsworth English Language Lab App

-by Ms. Geetha Raj

An orientation session on the Wordsworth English Language Lab App was organized on 26th May 2025 for the teaching faculty. The session was conducted by Ms. Patricia, Academic Success Manager at Wordsworth, with the objective of familiarizing teachers with the app's structure and pedagogical potential.



Aligned with the internationally recognized Common European Framework of Reference (CEFR) for language learning, the Wordsworth App integrates interactive modules aimed at enhancing the four core language skills- Listening, Speaking, Reading, and Writing (LSRW). The session provided teachers with hands-on experience, highlighting the app's practical features and its capacity to support differentiated instruction.

Ms. Patricia also introduced the latest updates and features designed to promote student engagement and foster independent learning. The workshop proved instrumental in refining the pedagogical and technical competencies of the teachers, thereby equipping them to create a more stimulating, effective, and student-centered language learning environment.



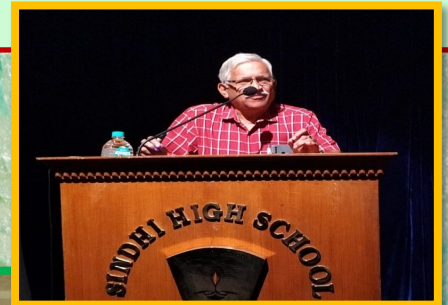


## Empowering Educators: A Journey Through Skills and Values

- by Ms. Shubha Balakrishnan

A workshop was conducted by **Dr. Ganesha Bhatta** on 20th May 2025 in the auditorium of Sindhi High School, Hebbal, focusing on Teaching-Learning Skills, People Skills – Interpersonal Relationships, and Value Integration. The session was highly engaging and insightful, providing participants with practical tools to enhance their communication, classroom interaction, and value-driven approach to education. Mr. Bhatta skillfully highlighted the significance of empathy, effective listening, and the integration of core values in everyday teaching and learning practices. His dynamic presentation style and relatable examples kept the audience thoroughly involved throughout.

The workshop proved to be a joyful and enriching experience for all attendees.



## ORIENTATION DAY FOR CLASSES 11 & 12 – A STEP TOWARDS A PROMISING FUTURE.

- by Ms. Divya K.M

The Orientation Programme for Classes 11 and 12 was held on Saturday, May 31<sup>st</sup>, 2025, with the objective of acquainting parents with the school's academic structure, policies, and learning environment.

The event proudly showcased the exemplary achievements of Sindhians in the 2024–25 academic year, including stellar performances in JEE, CLAT, AISSE, and AISSCE, along with notable contributions in sports. The school's modern infrastructure, student-centric approach, and well-resourced labs and library were also highlighted.

A key feature of the orientation was the career counselling session led by experts from Career Launcher and TALLY. Mr. Rahul Reddy enlightened the audience on careers in law and business administration, while Mr. Srikanth shed light on the relevance of TALLY in accounting and future job prospects. Both organizations will offer training to help students prepare for competitive exams.

Adding to the holistic focus of the programme, Mr. Karthik Rao, the school's Emotional Wellness Coach, conducted a session titled "Navigating Future Together", emphasizing the role of parental support in ensuring students' emotional well-being.

The orientation concluded on an inspiring note, laying a strong foundation for a productive academic year ahead.



# FIRST DAY OF SCHOOL

A Memorable Experience!

The sun peeked through the curtains, casting a golden glow on the backpack resting by the door. Today was the day. Shoes polished, uniform crisp, and a heart pounding with anticipation, the student stepped into a world unknown—school.



First  
DAY OF  
School



## FROM CLASSROOM TO COLUMNS, NATIONAL READING DAY SHINES BRIGHT

by: Ms. Meeta Dey

Sindhi High School, Hebbal, observed National Reading Day with great enthusiasm and purpose on 19<sup>th</sup> June 2025. Students actively participated by engaging with a variety of books and newspapers.

They discovered the joy of exploring new ideas while enhancing their vocabulary, comprehension, and general knowledge.

As part of the celebration, students performed a skit highlighting the importance of reading, conducted a quiz to test literary knowledge, and took a reading pledge during the morning assembly. Pre-primary and Primary students enjoyed a colouring activity on story characters, while a walkathon symbolised the journey through books.



Happy National  
READING Day





# INTERNATIONAL YOGA DAY





# **Student Elections 2025: A Celebration of Leadership and Democracy**

## **- by Ms Sripriya Bhatt**

The campus of Sindhi High School, Hebbal came alive with energy, ideas, and leadership during the Student Elections 2025, reflecting the school's motto "Tamaso Ma Jyotirgamaya" From darkness unto light. The elections served as a hands-on experience in democratic practices and leadership responsibilities for students.

Held in two phases, the first phase focused on selecting the Head Boy, Head Girl, and Sports Captains, while the second phase was dedicated to electing House Captains and Vice-Captains for the four houses Venus, Jupiter, Earth, and Neptune. Students from Grades 6 to 12 cast their votes using Electronic Voting Machines (EVMs) and a specially developed school software, ensuring a transparent and tech-driven election process under faculty supervision.

Candidates campaigned with enthusiasm designing creative posters, using catchy slogans, and introducing their vision during school assemblies. Each nominee selected a unique symbol to represent their ideals, further enriching the democratic spirit on campus.

The results were announced by our Principal, Mrs. Rachna Sharma, who appreciated all participants for their courage, teamwork, and sportsmanship. More than just a competition, the elections were a celebration of student voice, democratic engagement, and emerging leadership.

## **A Step Towards Leadership - Junior School Election**

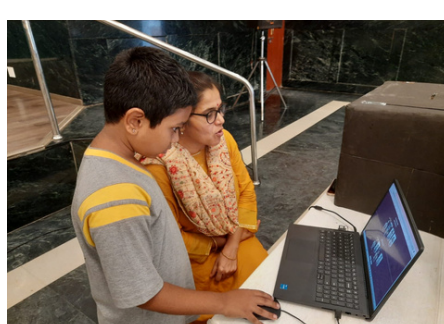
### **- by Ms. Shubha Balakrishnan**

On 16th July 2025, Sindhi High School, Hebbal held its first Junior School Elections, introducing young students to the spirit of democracy and leadership.

Elections were conducted for the posts of Head Boy, Head Girl, and House Captains (one boy and one girl per house). Grade 5 students contested for the positions, while Grades 3, 4, and 5 voted using a specially developed software, ensuring a transparent and tech-enabled process under teacher supervision.

The event saw enthusiastic participation, with Grade 5 students actively involved in nominations. The school witnessed an exciting buildup to the elections by students of classes 3, 4 and 5. From slogans to speeches the atmosphere was charged with enthusiasm.

This initiative provided a meaningful platform for students to develop leadership skills, teamwork, and an understanding of democratic values.





# Investiture Ceremony 2025-26

- by Ms.Sripriya Bhatt

The Investiture Ceremony held on 30th June 2025 marked a proud and symbolic start to the academic year at Sindhi High School, Hebbal. Conducted on the school grounds, the event formally inducted the newly elected Student Council members, House Mistresses & Master, and Coordinators.

The ceremony began with a dignified Guard of Honour and the hoisting of the school flag by Principal Ms.Rachna Sharma, setting a solemn and inspiring tone. The Head Boy P.G. Nishan Uthappa, Head Girl Akhila Vipin Madangarli, and Sports Captains Himnik Sai Makhija and Medha Mohan were among the first to receive their badges, affirming their commitment to lead with responsibility.

House Captains, Vice Captains, and Prefects pledged to uphold their house values and support the student body with sincerity and discipline. The House Mistresses and Master also took the stage, sharing motivational messages and plans for the term ahead.

In her address, Principal Ms.Rachna Sharma congratulated the new leaders and emphasized the importance of service and integrity. The event concluded with a heartfelt Vote of Thanks by the Head Boy, marking the beginning of a promising year of student led leadership.





## PRIZE DAY- RECOGNIZING ACADEMIC DISTINCTION

- by Shubha Balakrishnan (Teacher)

Prize Day, held on 28<sup>th</sup> June 2025, was a momentous occasion that honoured students' academic accomplishments in the esteemed presence of parents and teachers. The event was graced by the alumni guest Ms. Siri Prasad, a distinguished lawyer and senior gender safety expert, who inspired the audience with heartfelt memories of her school days and reflections on how they shaped her career and values. The ceremony began with the Principal felicitating the toppers of the Class 12 and Class 10 board examinations, acknowledging their dedication and exemplary performance. This was followed by class teachers presenting proficiency awards to the top three academic achievers of each grade. The atmosphere was filled with pride and joy as students, teachers, and parents gathered to celebrate the success of the young achievers and encourage them to reach greater milestones in the future.





## From Equations to Exploration: A New Chapter in Learning Mathematics

-by Dheeptha R Babu-10B

Mathematics, often perceived with fear and anxiety, is now taking a transformative turn at our school with the introduction of the Math Lab. Moving beyond traditional teaching methods that sometimes foster math phobia, the Math Lab offers an interactive, hands-on approach that makes learning math fun, engaging, and fearless.

In this vibrant space, students interact with a variety of mathematical tools—ranging from 3D shapes, geometric models, fraction charts, magic hexagons, to creative aids like Angles of India and Multi wheel. These tools help transform abstract concepts into tangible, multi-sensory experiences that students can see, touch, and explore.

By working with puzzles, models, and real-world applications, students are encouraged to think critically and joyfully. The Math Lab nurtures curiosity, boosts confidence, and helps learners realize that mathematics is not just about numbers on a page, but a dynamic part of the world around them. As we embark on this new journey, the Math Lab promises to turn numbers into stories, problems into puzzles, and fear into fascination.





# COLOUR WEEK CELEBRATION – A SPLASH OF JOY AND LEARNING

- by Ms. Prema Bisht



The corridors of Sindhi High School, Hebbal, burst into a riot of colours as Classes 1 and 2 celebrated Colour Week with boundless enthusiasm and creativity. The event, held from 21st to 25th July 2025, introduced young learners to the vibrant world of colours through engaging, hands-on activities.

Each day spotlighted a specific colour red, blue, yellow, green, and orange encouraging students to dress accordingly, bring themed objects, and participate in fun, colour-based activities. From painting and singing to creative crafts and nature-based learning, the week was a lively mix of joy and education.

Colour Week not only enhanced visual learning but also nurtured creativity, teamwork, and joyful expression, leaving a lasting impression on both students and teachers.





# The Influence of Social Media on Teenagers

-by Akshara Hemanth 8B

They love to say, "Put your phone down and live a little." But maybe we are living, just differently. Creating, connecting, expressing, growing. This isn't a lecture. It's a reminder that there's another side to the story—and it deserves the mic. Because while social media can be a little chaotic at times, it's not the villain it's made out to be.

In the hands of a teenager, it's not just an app. It's a Launchpad.

For ideas, For friendships, For you.

Let's talk about the other side of the story, the one that doesn't get enough credit.

When people talk about social media and teenagers, it's usually all about the negatives, addiction, comparison, distractions. But what often gets left out is the good side. The truth is, social media isn't just a platform for scrolling, it can be a space for learning, expressing, and even growing.

Social media gives teenagers a voice. Whether it's a creative video, a poem posted on a social media platform, or sharing opinions on world events through a story, teens now have a way to express themselves like never before. It helps many feel seen and heard.

Another often-overlooked benefit is exposure to different perspectives. Teens today are more socially aware than any generation before, and a big reason for that is social media. With just a few swipes, they can learn about protests in another country, understand the challenges faced by people from different cultures, or read personal stories about mental health that make them feel less alone. Social media keeps them informed, helps them form opinions, and encourages engagement in important conversations—be it about global issues, gender equality, or climate change.

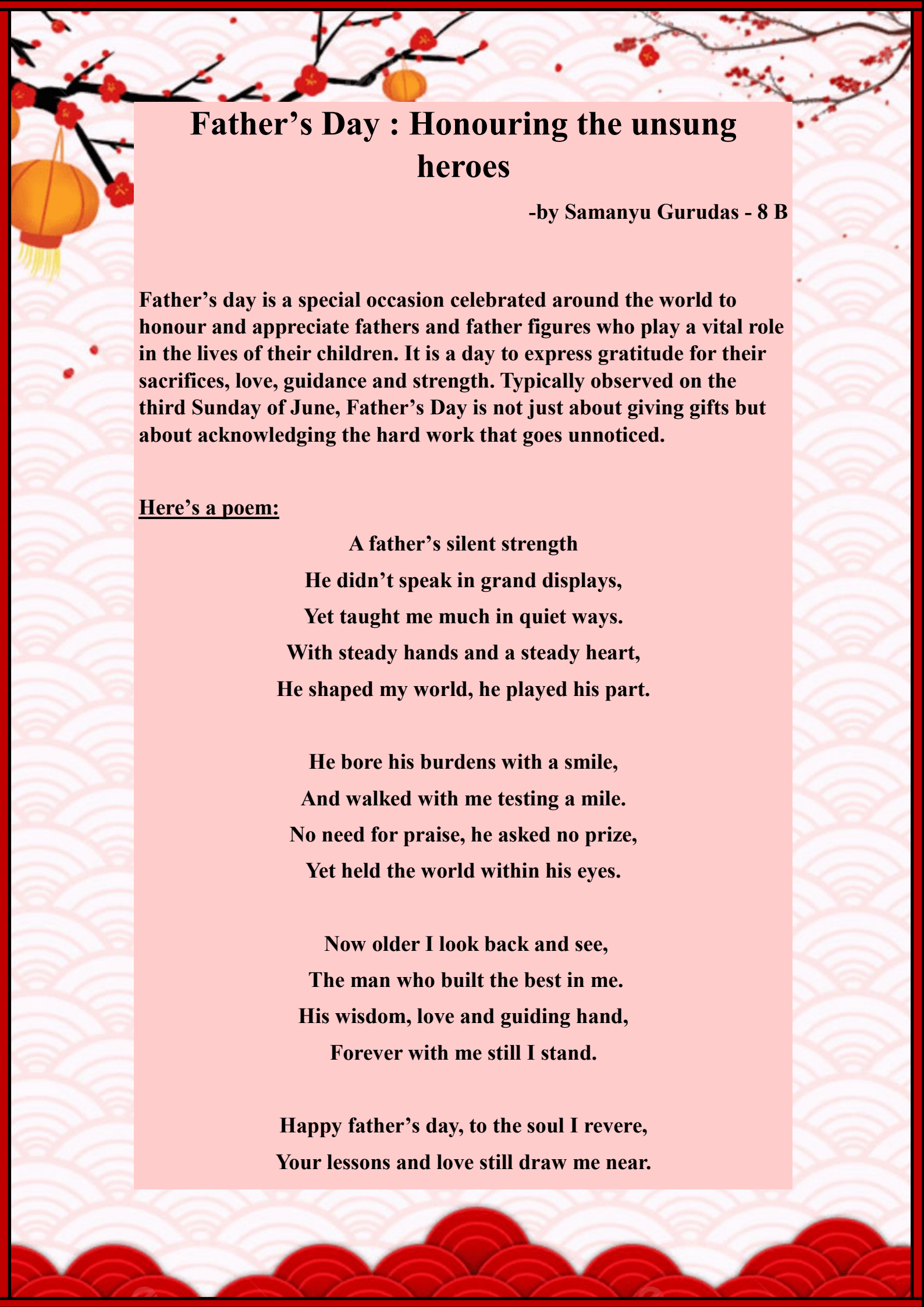
Many teens are even taking action, starting petitions, creating awareness pages, or joining online communities focused on causes they care about. Some use their creativity, through art, writing, or videos to express what they believe in, while others offer support or share resources. In this way, social media has helped transform curious teenagers into young activists, thoughtful thinkers, and individuals who want to make a real difference, not just followers, but voices that lead.

Let's not forget the learning opportunities. Tutorials, educational threads, online workshops, media platforms are filled with content that teaches everything from solving algebra equations to learning a new language or editing videos. The best part? It often doesn't even feel like learning.

Social media isn't just a distraction, It's a mirror, a microphone, a map. It reflects who teenagers are, gives them the power to speak up, and helps them explore the world beyond their own. When used with purpose, it can build confidence, spark ideas, and even shape futures.

So maybe, instead of always asking "Is social media ruining teens?", it's time we start asking, "What amazing things are teens creating because of it?"





# **Father's Day : Honouring the unsung heroes**

**-by Samanyu Gurudas - 8 B**

**Father's day is a special occasion celebrated around the world to honour and appreciate fathers and father figures who play a vital role in the lives of their children. It is a day to express gratitude for their sacrifices, love, guidance and strength. Typically observed on the third Sunday of June, Father's Day is not just about giving gifts but about acknowledging the hard work that goes unnoticed.**

## **Here's a poem:**

**A father's silent strength  
He didn't speak in grand displays,  
Yet taught me much in quiet ways.  
With steady hands and a steady heart,  
He shaped my world, he played his part.**

**He bore his burdens with a smile,  
And walked with me testing a mile.  
No need for praise, he asked no prize,  
Yet held the world within his eyes.**

**Now older I look back and see,  
The man who built the best in me.  
His wisdom, love and guiding hand,  
Forever with me still I stand.**

**Happy father's day, to the soul I revere,  
Your lessons and love still draw me near.**



## THE ALPHA-BETA BRAIN BUSTER!

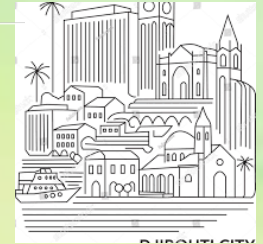
By Krishna S. Punjabi, (Class XD)

Are you ready to dive into a whirlwind of wit and wordplay?

Alpha-Beta Game, an innovative quiz where every answer begins with the letter "D"!

Alpha Round – Direct Hit!

1. He took Reliance Public in 1977. Who was he?  
Dhirubhai Ambani
2. Which singer's albums are these: Chocolate, Roar, G.O.A.T?  
Diljit Dosanjh
3. Name the capital of Djibouti (a country in Africa).  
Djibouti City
4. Who was the father of the 100 Kauravas in the Mahabharat?  
Dhritarashtra
5. Name the longest-running Bollywood movie.  
Dilwale Dulhania Le Jayenge



Beta Round – Decode the 'D'!

Category: Daring Company

This company is the innovator of bagless vacuum cleaners and also creates hair tools and air purifiers.

Dyson

Category: Dance on it!

Made of sheesham or mango wood, this two-sided drum has rhythm in its roots.

Dholak

Category: Delicious

Also known as Pitaya, this cactus fruit is as exotic as it is vibrant.

Dragon Fruit

Category: Delusion Flower

A bright yellow bloom and a global cancer charity symbol.

Daffodil

Category: Dramatic Human

From state-level badminton to silver-screen stardom, her journey began with the Kannada film "Aishwarya".

Deepika Padukone



Conclusion: Dare to Discover!

The Alpha-Beta Game proved that learning can be fun, competitive, and wonderfully dynamic. It sharpened our minds, tickled our bones, and celebrated the joy of learning; proving once again that learning has no limits when driven by imagination and intellect!



## मेरा छोटा सा हरा-भरा बगीचा

मेरा छोटा सा बागीचा है सबसे प्यारा,  
हरा-भरा और सबसे न्यारा'  
इसमें खेलते हैं रंग-बिरंगे फूल,  
जो देते हैं मुझे बहुत सुकून।

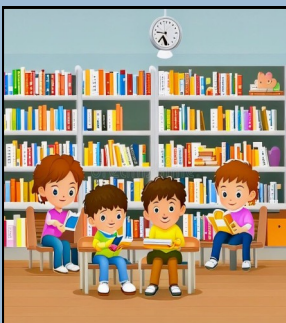
बगीचे में जब मैं खेलती हूँ,  
फूलों के बीच में घूमती हूँ।  
पेड़ों की छाया में बैठती हूँ,  
प्रकृति की सुंदरता को खूब  
निहारती हूँ।



(ज़ारा-5C)

## मेरा पुस्तकाय

पुस्तकें ज्ञान का भंडार हैं । पुस्तकें हमारे ज्ञान  
का स्रोत भी हैं। उनमें विभिन्न विषयों की  
जानकारी होती है, जैसे कि इतिहास, विज्ञान,  
गणित और साहित्य। पुस्तकें हमें नई चीजें  
सिखाती हैं और हमारे ज्ञान को बढ़ाती हैं। जब  
हम पुस्तकें पढ़ते हैं, तो हम नए विचारों और  
दृष्टिकोणों से परिचित होते हैं। पुस्तकें हमें  
कल्पना की दुनिया में ले जाती हैं और हमें  
सिखाती हैं कि कैसे समस्याओं का समाधान  
किया जाए।



(अदित्य मल्हे-5D)

## मेरा छोटा भाई



मेरा छोटा भाई बहुत प्यारा है।

वह हमेशा खेलता रहता है और मुझे हंसाता है।  
वह मेरी बातें सुनता है और मेरी सलाह मानता  
है।

जब मैं उसके साथ खेलती हूँ, तो मुझे बहुत मजा  
आता है।

वह मेरी जिंदगी का एक महत्वपूर्ण हिस्सा है और  
मैं उसे बहुत प्यार करती हूँ।

(नीरजा-5 D)

## मेरा प्रिय पक्षी तोता

मेरा प्रिय पक्षी है तोता जिसका नाम है मीटू ।  
उसकी बोली बहुत प्यारी है,

वह बोलता है "नमस्ते" सदा।।

वह मेरे पास सदा बैठता है और गाता है गीत  
मधुर।

उसकी आवाज सुनकर, मेरा दिल खुश हो जाता  
है।



(अनघा-5A)



# Parent Orientation

-by Ms. Sumana H R



## – A Joyful Beginning

The academic year began with warm welcomes and meaningful interactions. The Parent Orientation for LKG and UKG held on 31st May 2025 introduced parents to the school's environment, curriculum, and values. It was a collaborative session emphasizing the shared role of parents and teachers in nurturing young minds.



## First Day Of School

-by Ms. Sumana H R

**Tiny steps, big dreams.  
A blessed and bright beginning to our Pre-Primary journey!**



The first day of kindergarten on 2nd June 2025 was truly the “first page of a new book.” With cheerful greetings, engaging activities, and friendly faces, children transitioned smoothly from home to school, setting the tone for a joyful learning journey.



# First Day Of School

-by Ms. Sumana H R

Tiny steps, big dreams.

A blessed and bright beginning to our Pre-Primary journey!



**F**or Nursery students, the school hosted a traditional Aksharabhyasa on 5th June 2025, invoking the blessings of Goddess Saraswati and Lord Ganesha. The little ones participated in fun-filled activities that created a warm, secure, and exciting first school experience.





# World Environment Day Celebration

-by Ms. Sumana H R



On June 5th, the pre-primary section enthusiastically observed World Environment Day, fostering environmental awareness and responsibility among the youngest learners.

The LKG children engaged in waste segregation activities, learning to differentiate between wet and dry waste and ensuring proper disposal. Meanwhile, the UKG students creatively reused plastic bottles to make planters for houseplants and herbs, promoting the idea of recycling and green living.

Through these hands-on activities, our tiny tots demonstrated that every small step counts in protecting the environment. Their efforts served as a powerful reminder that sustainable practices can begin early and make a lasting impact.

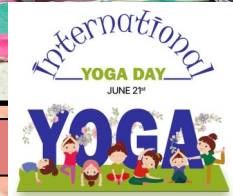


# Yoga Day Celebration

- by Ms. Priyadarshini.C



"Tiny Tots, Big Moves!"



**O**ur little yogis from UKG rolled out their mats and stole the show! With deep breaths and tiny hands reaching for the sky, they practiced Surya Namaskar and breathing exercises, proving that fitness and fun go hand-in-hand.

# Doctor's Day Celebration

- by Ms. Priyadarshini.C



**T**he Pre-Primary students of Sindhi High School celebrated Doctor's Day on 1<sup>st</sup> July 2025 with enthusiasm and creativity. The tiny tots of LKG participated in a delightful role-play activity themed around Sindhi Hospital, where they dressed as paediatricians, ophthalmologists, dentists, nurses and patients. The engaging setup helped children understand the importance of consulting specific specialists for different health issues, fostering basic health awareness from an early age.

Extending the celebration, a special session on paediatric health and wellness was organised on 5<sup>th</sup> July 2025 for parents of Nursery to Class 2. Renowned paediatrician Dr. Shweta.K.Singh conducted the session, sharing insights on preventive care, child nutrition, developmental milestones and over all well-being. The interactive Q&A session provided parents with valuable guidance to ensure the healthy growth of their little ones.





# Father's Day At School

- by Ms. Priyadarshini.C



The UKG section of our school celebrated Father's Day with great enthusiasm on 14<sup>th</sup> June 2025, in honour of the invaluable role that fathers play in a child's life. The event provided a joyful platform for students and their fathers to bond and create lasting memories.

The celebration commenced with engaging activities such as Ice Breaker, Piggyback and Indian Whisper, which were met with spirited participation. A special highlight of the day was the Mehendi activity, where fathers showcased their artistic flair by applying intricate designs on their children's hands. This was followed by an exciting fireless cooking session where the little ones, alongside their fathers, prepared refreshing and visually appealing dishes.

The event was a beautiful blend of fun, creativity and emotional connection. It concluded on a cheerful note, leaving behind moments of laughter, warmth and cherished memories for both the children and their beloved fathers.

The tiny tots of LKG and NURSERY made beautiful cards for their father's.





# Colour Week Celebration

-by Ms. Sumana H R

A Joyful Blend Of Learning And Creativity

**S**indhi High School Hebbal, celebrated Colour Week from 14th to 18th July 2025 with great enthusiasm and creativity. Dedicated to the Pre Primary Classes the event aimed to explore colours through fun-filled, educational activities under the vibrant Garden Theme.

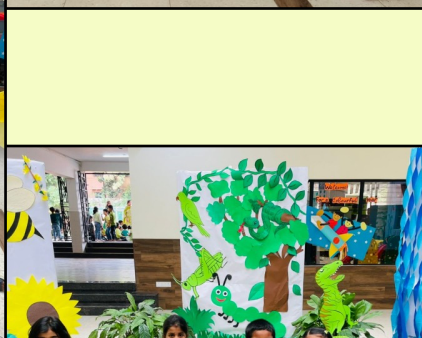
Each day highlighted a different colour Red, Blue, Yellow, Green, and Orange with students dressing accordingly and classrooms decorated in matching hues. Engaging games, art and craft sessions, and even simple science experiments helped children understand colour associations and express emotions creatively. The celebration not only brightened the campus but also enriched students' observational skills, teamwork, and visual learning in a vibrant, joyful atmosphere.















**S**indhvi High School Hebbal, observed Kargil Vijay Diwas on 25th July with great patriotic fervour to honour the courage and sacrifice of our soldiers during the 1999 Kargil War. The programme featured heartfelt performances including a patriotic song, an energetic group dance, and a powerful skit portraying the lives of war heroes like Captain Vikram Batra. Students paid tribute through art and culture, expressing deep gratitude towards the Indian Armed Forces. The event concluded with the National Anthem, evoking pride and reverence for our nation's brave defenders.

Jai Hind! Vande Mataram!





# Anti-Drug Awareness Programme and Rally

## -by Netra Reddy-12A

On 26th June, an impactful anti-drug awareness programme was conducted by the Amruthahalli Police Station under the North East Division of Bengaluru City Police at Sindhi High School, Hebbal. The event aimed to educate students about the harmful effects of drug abuse and promote a sense of social responsibility.

Students from Classes 8 to 10 actively participated in a rally organised in collaboration with the police, spreading strong messages against substance abuse through posters and slogans. The rally created awareness in the surrounding community and reflected the students' commitment to building a healthier, drug-free society.

Following the rally, police officials conducted an informative and interactive session in the school premises. The talk focused on the dangers of drug addiction, misuse of synthetic substances, and tobacco use, while also encouraging students to seek help and stay vigilant. The role of parents and teachers in guiding students was also emphasized.

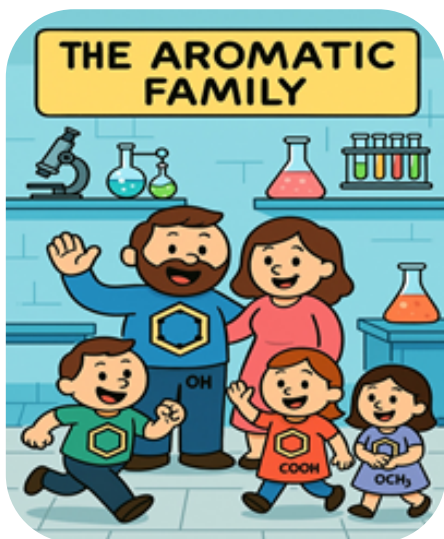
The session concluded with a reminder about the emergency helpline number 1933, urging students to report any unsafe or suspicious activities. The programme was a meaningful step towards nurturing responsible citizens and reinforcing the collective stand against drug abuse.





# The Aromatic Family

-by Gopika Kannan -12A



In the lab where flasks and beakers gleam,  
Lives a family straight from a chemist's dream.

At the heart, in a ring so neat and serene,  
Is the wise and stable papa Benzene.

He's got six carbons holding tight  
In a hex of bonds, delocalised light.  
With pi bonds swirling, he stays so calm  
A structure of symmetry balance and charm.

Beside him, elegant and full of grace  
Is Mama Phenol, with her -OH face  
She's got that hydroxyl, strong bond,  
Making her slightly acidic, truth be told.  
Together, they raised, with love so wide,  
Three little rings, each full of pride.

Toluene runs with a methyl tail,  
Zooming through reactions without fail  
Energetic, wild, a solvent star,  
In labs and fuels, he travels far.

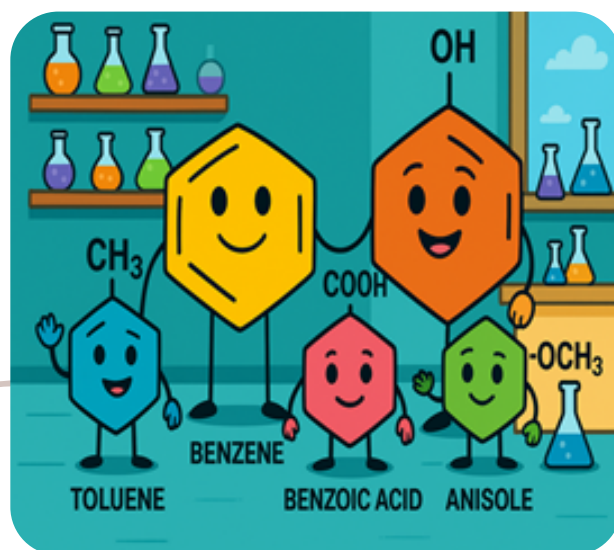
Keeping foods fresh and always clean.

Anisole, dreamy, with a methoxy wand,  
Waves her ether like a magic bond.  
She smells so sweet a fragrant delight,  
In perfumes and medicines, she shines so bright.

Ah Hoy! to this aromatic crew,  
With resonance, love and chemistry so true  
From papa benzene's bonded grace,  
To each kids special functional face.

In every lab, their tales are told,  
Of reactions, rings and bonds that hold.

A family of formulas, full of glue,  
Is the grand reaction of organic harmony. "From the lab of": "Meta director"





# Language Workshop on Trends and Challenges in Teaching

-by Mr. Prasanna Bhat

A workshop on Trends and Challenges in Teaching Languages (Sanskrit, Hindi & Kannada) was conducted at our school on 28th May 2025 by Mr. Karthik B. R. Language teachers actively participated in the insightful session that focused on creative and caring approaches to classroom management. The workshop addressed common challenges in language teaching and provided practical strategies for enhancing engagement and effectiveness. It was an enriching experience that empowered teachers to refine their methodologies and foster a more positive learning environment.





## "Boiling Point: The Battle for Dimerpur"

Synthesised by: S NITHYASRI- 12A. IUPAC NAME :NITHYAZINE

Once upon a time, in the beautiful city of Dimerpur, there lived a king named n-Butane. He lived happily and took care of his citizen's needs. He had a faithful chief named Diazonium. A huge earthquake struck the beautiful city and revealed a hidden passage in the palace where someone had been living secretly for so many years. He was iso- Butane, the King's long lost cousin. The revelation of iso-Butane did not go as peacefully as the King had hoped.

"I have waited in the shadows too long," iso-Butane growled, his eyes burning with resentment. "While you sat on the throne of Dimerpur, I was hidden, unacknowledged, called unstable and irregular. But I am no less a noble hydrocarbon than you!" King n-Butane rose, steady and composed. "Cousin, we share the same molecular formula— $C_4H_{10}$ . Why must we clash when we can coexist?" But iso-Butane shook his head. "Your straight chain rule has kept Dimerpur too rigid. It's time for a branched future. I challenge you, King n-Butane, for the Throne of Dimerpur !"frustrated by the endless debate, Chief Diazonium snapped. "I should bring an end to this fight and show the capabilities of the real king". Diazonium threw both n-Butane and iso- Butane in a boiling bath of water. Iso-Butane (261.45 K)immediately evaporated but n-Butane(272.65 K) survived and rewarded Diazonium with Fluoroborate coins. The happiness and stability was restored in the kingdom.

Moral – Straight chain hydrocarbons have greater Vander-Waals Force of attraction than their branched isomers.





## Operation Sindoor: Wings of Courage, Hearts of Steel

### -by Saanvi N. & Pragati Maurya -10A

"She stood in the storm, and when the wind did not blow her way, she adjusted her sails."  
– Elizabeth Edwards

In the aftermath of the devastating flash floods in Sikkim, the Indian Armed Forces launched a valiant rescue operation. What made "Operation Sindoor" truly historic was the leadership of women officers, whose courage and determination painted a powerful picture of resilience.

This is the story of two such remarkable women: Wing Commander Vyomika Singh and Colonel Sofiya Qureshi trailblazers who inspire generations with their strength, vision, and unshakeable spirit.

Wing Commander Vyomika Singh aptly named "daughter of the sky" found her dream of flying as early as Class 6. With quiet persistence and hard work, she rose through the ranks of the Indian Air Force. Despite initial concerns from her family, she proved her mettle, logging over 2,500 flying hours across India's most challenging terrains. Her story reminds us all: Dream big it's possible.

Colonel Sofiya Qureshi, on the other hand, made history as the first woman to lead India's troops in an international military exercise, commanding personnel from 18 different countries. Yet, her greatest battle came off the field facing public defamation with grace and fortitude. The Supreme Court upheld her dignity, but it was her unyielding self-belief that truly defended her honour.

These women exemplify that real strength lies not in loud victories, but in silent perseverance. They teach us:

To believe in our dreams, even when others don't.

To adjust our sails and keep moving forward despite the storms.

That courage often whispers yet changes the world.

As we salute these heroes, we're reminded to ask ourselves: What is our sky? What dream lifts us? And what will we overcome to reach it?

Let us take inspiration from "Operation Sindoor" and soar towards our own dreams with courage in our hearts and fire in our wings.

Jai Hind!





# STRAY THOUGHTS

-by AKHILA VIPIN MADANGARLI -12 A

Ere, in moonlight glimmer,  
Eyeing the brilliant stars,  
Stray thoughts shimmer,  
Bounded by no bars.



Bars, there were truly none.  
Life, blithe, unbothered,  
By the worldly musings,  
By the feelings' whirling winds.

Winds, that later swept away  
Dunes of surface thoughts.  
Winds that brought in,  
Deep, unfathomable thoughts.

Thoughts that manifest  
In every adolescent being.  
Storms of emotions,  
Sweetness of dreams.

Dreams, hazy, some profound.  
Emotions muddled, some strong.  
A new perception, a new exposure,  
Weaved in, in discreet prominence.

Now, in moonlight glimmer,  
Tracing the brilliant stars,  
Stray thoughts still linger,  
Deducing the way of the world.





# Sweet Truth!! Why a Sugar Board Matters in Schools

## - by Pranitha Giridhar-10C

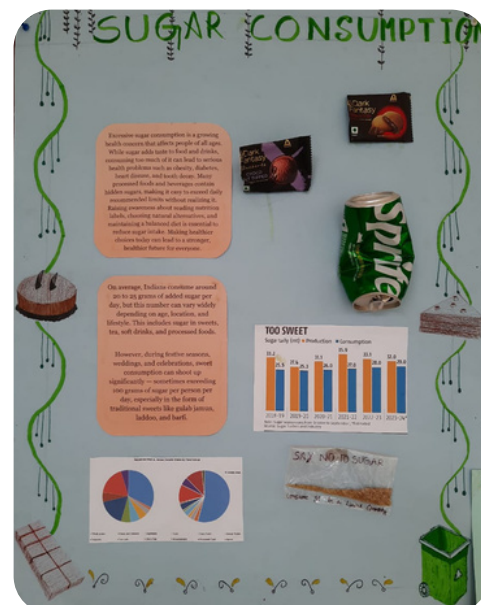
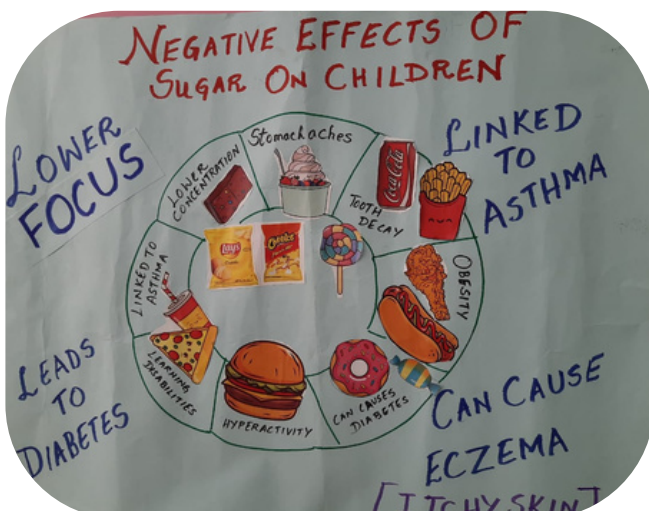
Did you know that excess sugar can age your body from within? It forms harmful compounds called AGEs that damage collagen, causing wrinkles and internal organ issues. As part of a CBSE school wide class activity, students from Classes 1 to 10 explored the impact of sugar in our diets and discussed healthier choices. Despite knowing the risks, sugar is hard to avoid. It triggers dopamine, the “happy hormone,” making us crave more.

For students, this can be harmful. Relying on sugar for energy or mood boosts can lead to addiction like behaviour, poor focus, and sugar crashes. On the flip side, low sugar levels from skipping meals can cause fatigue and dizziness.

That’s why our Sugar Board is here to create awareness about the hidden sugars in our daily diet. By encouraging us to read nutrition labels and choose healthier snacks, it helps build smart eating habits early on.

Reducing sugar intake can improve concentration, prevent acne, balance mood, and protect dental health. A small change today can lead to a healthier tomorrow.

Let’s make informed choices because our health is in our hands.





## CBSE South Zone-II Tennis Tournament Sindhi High School U-19 Team Shines

-by Ms.Shwetha

Our U-19 tennis players made Sindhi High School proud with their spirited performance at the CBSE South Zone-II Tournament held at Jain Residential School on July 28 -29, 2025.

The tournament began on a high note with Bhavna Karthik and Hanita Shine dominating their singles quarterfinal matches against SMT PS Shiva Shankaraappa School, winning 7-0. In the semifinals, Ankita Nidhi Kumar and Bhavna Karthik displayed skill and determination against top-seeded players from DPS Dommasandra.

In the bronze medal match, Bhavna secured a strong 7-2 singles win, while Ankita fought valiantly. The doubles match saw excellent coordination, with Ankita and Bhavna narrowly missing victory at 4-7. Their collective effort earned the team an impressive 4th place finish in the CBSE U-19 Cluster.

The experience strengthened their resilience, focus, and sportsmanship, setting the stage for future success. We congratulate our young athletes for their dedication and wish them continued glory in upcoming tournaments.





# Recognizing The Distinguished...



**Dwijendra Singh**  
Class IX



**Kshipra Rajkumar Swamy**  
Class X

Selected for the LQ Ideathon  
Young Thinkers Challenge at TechFest, IIT Mumbai.



We are proud to announce that our student has brought home the Gold Medal in Long Jump - an outstanding achievement that reflects dedication, discipline, and excellence



**Abhay M B, IXC**

Gold Medal in Long Jump (Under - 16)  
held in Kolar, organized by  
Youngsters Sports Promoters Trust  
Bengaluru



Words, wonders and wisdom!  
Congratulations to our Champion



**Sanvitha Rao, 3D**

Gold Medals in English and Science Olympiad  
organized by  
New little Kingdom school  
Bengaluru



**Victory at Sindh Sports Fest!**  
Advait A Nadig & Vibhav Bharadwaj -  
Class 9C

In the Under-16 Boys category, our  
champions brought pride to the school:  
**Winners (Team Event)**  
Vibhav G Bharadwaj - Class 9C  
**Runner-up (Singles):**  
Proud of your hard work, skill, and  
sportsmanship!



**Mihira (Class 10B) and Samanvi (Class 5B) were  
runners-up in the Singles Category, organized by  
Chessmate Club!**



Proud Achievement on the Global Stage!

We are immensely proud to share that Riya Bhatija of Class 12C represented India at the prestigious Dance World Cup 2025, held in Burgos, Spain, from 2nd to 14th July. Riya competed in the Junior Solo Street Dance 2 (Hip Hop category) with All About Dance and secured an impressive 15th place, scoring 73.7 points. She stood out among over 8,500 participants from 51 countries, representing some of the world's most renowned dance academies.



**Riya Bhatija XII C**

Riya's remarkable achievement is a testament to her talent, dedication, and passion for dance.

We congratulate her and wish her continued success in all her future endeavours.



We are proud to announce that Harsha D P of class VI B has brought home top honours at the 13th Karnataka State Rifle Shooting Competition & Championship 2025!  
**Gold Medal - Junior Men's Team, Gold Medal - Youth Men's Team**  
**Silver Medal - Sub Youth Team**



**Harsha D P - VI B**

A huge congratulations to our talented sharpshooter for his focus, discipline, and outstanding performance. Your hard work and determination are truly inspiring and a testament to your dedication!



Table tennis tournament Organised by Chessmate ClubU-16 category (team event) MIHIRA VADYAR 10B and Samanvi 5C, in the final match they won 3-1, Mihira was runner in high school category, Samanvi was runner in Mid school category. 10 teams participated



Riya Bhatija represent India at the Dance World Cup 2025 to be held in Spain. She will be performing as part of the renowned Bhairava Dance Crew





# The Pride Of Our Campus...



**Mohith Havinal of class 3D**  
Secured Merit certificate in Quad and won R1 -2, R2-3  
conducted by Aakhada The Sports Academy



**Avyuktha M of class 1A**  
Successful completed gymnastics level assessment at Gymnastics Academy Jakkur



**Hithashree of class 3B**  
Secured 3rd place  
Yogasana championship  
conducted by Acharya Youth Club



**Dhanvith K Gowda of class 1C**  
Secured 1st position under grade 1  
category in Quad  
Held at Euro School Chimney Hills



**Sanvitha Rao of 3D**  
Achievement - Got certificates and  
medals in English and Science  
Olympiad organised by  
New little Kingdom



# Celebrating The Masters Of Mentorship...



## Recognizing Teachers Excellence: Celebrating Growth and Achievement



Ms.VINUTHA P , SPORTS INSTRUCTOR ;BADMINTON CHAMPION

## Guru Samman 2025 – Honouring the Pillars of Education

It is rightly said that Gurus are the creators, nurturers, and guides—beacons of light who illuminate the path of knowledge, wisdom, and values in a student's life. In recognition of this timeless role, the Sahodaya Sangathan has conferred the prestigious Guru Samman Award upon four exemplary members of Sindhi High School, Hebbal.

The honour has been bestowed upon:

**Mrs. Ranjana Singh**, for her excellence in the field of languages

**Mrs. Nani N**, for her dedicated service in core academics

**Mrs. Swaroopa Lakshmi**, for her contribution in the co-scholastic domain

**Mrs. Savitha Suresh**, for her commendable role as the office in-charge

We take immense pride in celebrating their unwavering dedication and outstanding service in shaping young minds.





## **Mission Hebbal**

To provide an education that blends cultural heritage, academic excellence and a strong value system. Through engaging learning and co-curricular activities, we nurture resilient, compassionate and curious individuals. Our goal is to empower students with creativity and integrity to lead, innovate, and make a meaningful impact- Thus contributing to a brighter future for India and the world.



## **SINDHI HIGH SCHOOL, HEBBAL**

(Affiliated to CBSE, New Delhi)

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